

# ***How Toddlers Thrive***

## **By Tovah P. Klein, PhD**

### **Suggested Questions for Tovah Klein:**

1. Why are toddlers so difficult and the years between 2-5 so tumultuous?
2. What's the biggest misconception we have about toddlers?
3. You say shaming our toddlers is a huge problem and that we all do it, usually inadvertently. Could you explain how we shame and the impact of our child's behavior and development?
4. Why do you say the "Terrible Twos" is a myth?
5. Most of us think it's important to teach our children to share but you say we *shouldn't* ask toddlers to share. Why is that?
6. In addition to being a child psychologist and the director of the Barnard Toddler Center you're also the mother of three boys, two of them teenagers. How are toddlers like teenagers?
7. Could you talk about the ways that how we were parented influences and impacts the way we parent our own children?
8. What do you tell parents who are pushing their children to do things that don't interest them? Like the athletic father whose son has no interest in sports or the extremely social mother who has a shy child and doesn't want to play with other kids.
9. What are the 5 steps to being a better parent to our toddler?
10. How do we raise more confident and independent children?