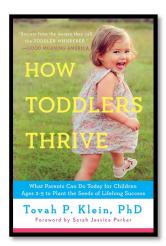
Temple Rodef Shalom Nursery School Presents

Learn What You Can Do To Help Your Young Child Thrive (Covers ages 2 to 5)



Tovah P. Klein, PhD and Director of the Barnard College Center for Toddler Development, *will discuss her new book,* <u>How Toddlers Thrive</u>.

"Tovah taught me how to resist the temptation to fix everything and instead give my children the opportunity to learn how to problem solve for themselves" – Sarah Jessica Parker

When: Wednesday, March 11, 2015, 7:00 PM Where: Temple Rodef Shalom 2100 Westmoreland St, Falls Church, Va.

Are you a Parent, Grandparent, Educator & or Someone Interested in Child Development? *Join Dr. Klein for this inspiring talk and hear about:*

- Why telling a toddler to share can be a bad idea.
- The inadvertent ways well-meaning parents "shame" children.
- Why taking a "7- day" view of your child's eating is the only approach to healthy eating.
- Why 'The Terrible 2's' or 'Even worse 3's or 4's' are a myth and how accepting that as a given is a mistake.
- How seeing the world through your child's eyes changes how you parent & makes life more enjoyable for you & your child.

Book sales by One More Page Books of Arlington. Twenty percent of sales will be donated back to TRSNS. Dr. Klein will be signing books following her talk. This program is open to the public and is free of charge. Please RSVP using the following Eventbrite so that we can accommodate everyone: <u>https://trs-tovahklein.eventbrite.com</u> For More Information, Contact: Fran Pfeffer, 703-532-2227

